**Patient Name:** MARTINEZ, EDWARD

**Date of Birth:** 05/29/1989

**Date of Service:** 08/29/2022

**History of Present Illness:**  
The patient presents today for postop evaluation of his right shoulder arthroscopy on 08/15/2022.

The patient complains of right shoulder pain 7/10 with movement and no pain without movement, which is sharp in nature. Shoulder pain is radiating down to elbow. Shoulder pain increases with raising arm and improves with relaxing.

**Past Medical History:**

**Past Surgical History:**

**Past Accident/Injuries:**

**Daily Medications:**

**Allergies:**

**Social History:**

**Physical Examination:**

**Right Shoulder:**  
Examination of the shoulder revealed no tenderness to palpation. There was no effusion. No crepitus was present. No atrophy was present. Hawkins, drop arm, and apprehension tests were negative. Passive Range of motion Abduction 40 degrees (180 degrees normal ) Forward flexion 80 degrees (180 degrees normal ) Internal rotation 30 degrees (80 degrees normal ) External rotation 50 degrees (90 degrees normal )

**Diagnostic Imaging:**

**Assessment and Plan:**  
Diagnosis: Status post right shoulder rotator cuff repair, biceps tenodesis.  
Plan: Recommend to begin PT. Naproxen 500 mg b.i.d. prescribed.

The patient’s Right Shoulder was examined   
The patient at the present time is advised to begin physical therapy.  
Patient is to return to the office in 6 weeks.

Causality: It is within a certain degree of medical certainty, that the history presented by the patient, the objective physical findings as well as the diagnosis rendered is causally related to the injury the patient incurred on the specified date. These current symptoms were nonexistent prior to the accident. Findings were discussed with the patient.   
  
In response to the required COVID-19 mandates the following precautions have been taken. Doctors and Medical Assistants wore masks and gloves; examination rooms are completely disinfected after each use. Patient was required to wear a mask. Temperature scan was administered prior to examination. No more than 10 people were permitted in the waiting room at any time as this is the max that can be achieved while still maintaining six (6) feet social distancing guidelines. Only the patient was permitted in the examination room.



**L Sean Thompson, M.D.**